Management Committee
President – Margaret Peckham
First Vice President – Betty Perkins
Second Vice President – Bev Hambly
Past President – Brian Ross
Secretary and Archivist – Jan Stocovaz
Treasurer – Lorna Eadie Hocking
Program Chairs – Don Smith and Pat Butler
Membership – Brian Ross
Communications – Allan Simpson
Activity Group Chair – Georgia Kreager
Greeters and Hospitality – Mary Norwood and Evelyn Dargie

Upcoming Meetings: The next General meeting will take place in the Lions Den on Wednesday September 14th at 10:00 a.m. until 12 noon.

The next Management Committee meeting will take place in the Classroom of the P&H Centre at 9:30 a.m. on Tuesday September 6th.

Look who came in June - Our General Meeting in June was well attended. Brian Ross reported that we numbered about 104. We came to socialize, to hear what activities and trips had been planned for the summer months, and to hear our guest speaker, Joyce Ballagh speak about her experience hiking El Camino de Campostella.
Did you know? Sherri Walden, our Parks and Recreation director, invited all members who live outside Hanover to participate in a non-resident survey. Your input is sought to determine future policy regarding use and surcharges for use of Hanover facilities.

Wayne Pfeffer spoke on behalf of the Travel Group to remind members of the upcoming meeting for those interested in joining friends on the “Shades of Ireland” trip which will take place from April 24 to May 3 in 2017 through the auspices of Colette Tours. Wayne also invited us all to join Ayton in celebrating its homecoming on Friday July 1st. Shall we decorate a sports convertible and make our PROBUS club part of the parade? Or a float? It could serve a double purpose and be part of the Homecoming in Walkerton on the Civic Holiday weekend in August.

The Lions Club is inviting us to the Ground Effects Event Centre on Sunday September 25th, from 1 to 6 p.m. Check out local craft beers at the Taste of Grey. We’re not talking Grey tea folks. It’s all about beer.

Marilyn Ross invited us to a non-impact aerobic dance called Nia on the Beach. Come and express yourself at Southampton on the Chantry Island beach through your body, spirit, martial arts and yoga on July 11th at 7 p.m. Why not? Marilyn replied that yes, you are required to keep your clothes on.

Lorna regaled us with 3 jokes plus one extra for July to much applause. How about that nurse who misheard her male patient ask, “Are my test results back?” Or how about the fellow who had a mini-van and two flat tires? Off colourwhat?
President Margaret Peckham and Brian Ross thanked all those who had submitted their membership renewal forms and waiver forms along with cheques for $30. We are helping our admin team get a head start in updating files. Be sure to fill out both sides of the form. They can be returned at the general meeting in September or at the front desk in the P&H Centre through the summer. Thanks to everybody.

Dan Hobler invited us to a Kawartha wine tasting tour organized through Bill Roseborough at Hanover Holidays. The limit on numbers for this trip is 24. The cost is $349 for a single or $590 for a couple. So save a few bucks and go with a friend. By the way, the 4 x 4 concert is sold out for July 12th.

Many thanks to Barb Mann and Bob Farrow who accepted to serve, along with Betty Perkins and Marg Peckham, on the Nomination Committee. They will ensure, with our cooperation, that a sufficient number of nominees will run for election to serve on the Management Committee for the next PROBUS year. Elections will be held at the General Meeting in October. Download a nomination form from our www.hapc.ca site if you would like to help on the committee.

Ev Dargie helps Pat Mulhern find his name badge. Lorna accepts membership renewal forms and money from Marilyn Forbes and Darlene Wilson.

Guests at the June meeting were Jim and Lois Jackson, Linda Wendt, Dorothy Couvier, Jim Nelson and Charlotte Ferguson. Welcome to you all.
Guest speaker, returning to her home town, Hanover, from her new home in Collingwood, was Joyce Ballagh. Diana Simpson, a long-time friend and neighbour of Joyce, introduced our inveterate skier and traveler. Joyce, née Martin, was born and raised in Hanover, attended Hanover DHS, pursued her studies at the University of Toronto, taught home economics in Oshawa, and then returned to live in Hanover with her young husband, Dr. Rob Ballagh. They raised their three children here. She is now the proud grand-mother of eight grand-children.

Projecting an image of St. James the apostle, Joyce explained that the remains of the martyr are protected within the cathedral named for him, Santiago de Campostela. The routes of the pilgrimage to the town of Campostela stretch from many points in Europe, reaching down to the north west of Spain. Joyce’s route led her from Biarritz in southern France, across the Pyrenees mountains, a trek of 800 kilometres. It took her 39 days on foot and on bike to reach her goal and realize her mission. Joyce does not recommend the bicycle unless you have one much better adapted to the human anatomy than the one she rented.

This trek was a long-held dream for Joyce. Being a determined woman, well disciplined and trained to prepare everything in advance, she succeeded in fulfilling this dream. She wore warm clothes for the trek through the high mountains. She stressed the importance of good orthotics and the use of vaseline on the feet to ensure that her feet did not cause her grief. Her daughter provided her with an MP3 player so that she could listen, during the hard hiking, to uplifting songs such as “How Great Thou Art”, “These Boots were made for
Walking”, and “Climb every Mountain”. This was not simply a physical endurance test but also a journey of the spirit.

Along the road, known as the *El Camino de Compostela*, Joyce met and made friends. We are here to help others on their journey through life. Joyce felt fortunate to have met a British fellow who was suffering depression after losing three friends while defusing a bomb for British forces. They had disintegrated in front of his eyes. Each pilgrim accepts the challenge of *El Camino* for his own reasons. Sometimes we find our own reason through our relationship with others.

Not wishing to stay in the dormitories along the trail, in rooms with 6 to 10 beds, Joyce ensured that her heavy luggage was brought forward to her next inn along the way. Because this pilgrimage has existed for so many centuries, monastic communities cater to the travelers. One wine company even offered free wine tastings. It is along these trails that allied pilots who had been shot down over France made their way in search of contacts in Spain from where they would be repatriated to Britain. More history was evident in one cemetery where 20,000 of Charlemagne’s soldiers were buried.

The trail was often well marked through towns, but in the country, it was as rough and wild as the Bruce Trail. Joyce carried with her a stone from the Bruce to leave at Compostela as a lasting mark of her journey to Campostela. An old friend had given her a handmade prayer mat for the trip, a gift which was lost but which would have fallen into other grateful hands. Joyce met a young Australian family who did the pilgrimage of thanks for saving the young man, Gavin, from a stomach cancer. Joyce found meaning through carrying the luggage of a Swiss woman who could carry her pack no further.

Most rewarding was the support shown her by the arrival of her two daughters, Nancy and Shannon, who joined Joyce for the last 115 km. of the trek. Music such as the song “You’ll never Walk Alone” gave her the spiritual support she needed for realizing her own dream.

Allan Simpson expressed the appreciation of our members for this uplifting presentation. The conch shell is a symbol of St. James, depicting the many roads
we all take to reach our goal and our final destination. Joyce Ballagh sets her goals high and sets an example for us as we each determine our own dreams and ambitions which we wish to realize.

Joyce in the guise of a medieval pilgrim. Diana, Joyce, and Allan

Activities: The Book Club met on Tuesday May 31st at the home of Marion Badger. We discussed the best-selling non-fiction book titled The Rainbow comes and Goes by Gloria Vanderbilt and Anderson Cooper, the story of a mother and son who have had extraordinary careers and lives. The following books are recommended for summer reading: 1. Kay's Lucky Coin Variety by Ann Choi 2. A House in the Sky by Amanda Lindhout 3. The Nest by Cynthia D’Aprix Sweeney 4. The Inconvenient Indian by Thomas King.

It was decided for the 2016-17 book club season that we would focus on Canadian literature, both fiction and non-fiction. Selections of books will be made by members in the fall. We welcome all those who have a love of reading to join.
Welcome Home to Ayton – Normanby Homecoming

Here are some of the special events planned to celebrate the homecoming.

**July 1st**: 11 a.m. parade
1 to 5: Tractor show
4:30 to 7 p.m. Chicken dinner
4:30 to 7 p.m. X-Hale Concert
10 p.m. Fireworks

**July 2nd**: 9 to 11 a.m. Lioness breakfast
11 a.m. – 3 p.m. Normanby School reunion
Ay-ton of fun mud relay

**July 3rd**: 9 to 11 a.m. Optimist Breakfast
11:00 a.m. Ecumenical church service
12 noon: Pie baking contest
12 noon Vintage car show
1 p.m. Caesar Sunday with live music

Pot luck girls share tastings at Vera Struther’s in June.

**Pot Luck** luncheon – The next foray into tasty dining will take place on September 19th at 12 noon. It will have a Harvest Fall theme. Contact Marybelle Schumaker if you are interested in joining this group.

**Wine Tasting group**: In June, the wine tasters were treated to a pairing of various Argentinian wines to accompany food tastings prepared by Helen Peppler. What better way to appreciate the qualities of various wines when preparing a dinner of various foods and courses. Facilitator Dan Hobler is seen thanking the representative of Epitome Argentina Wines. Needless to say, a good time was had by all.
Bluewater Radio Interview with Margaret Peckham, Georgia Kreager, and Pat Butler took place in March. It was intended to explain and introduce PROBUS to the radio audience as part of National PROBUS month. If you missed this interview and would like to hear it, just go to our web site, www.hapc.ca, and click on “Newsletters”, et voilà, the interview. Thank you ladies for presenting our Club so well to the public.

Look who won the We Share You Share draw.

Our man about PROBUS, Brian Ross.

Bridge Club will continue throughout the summer. Join us on Wednesdays at 1:30 p.m. at the P&H Centre. Keep the grey matter active and play bridge in air conditioned surroundings.

On June 13, a goodly number of cyclists from the Cycling Group explored the multi-use trails in MacGregorPoint Park. Thanks to Betty Perkins and Garry MacGregor for a treat of coffee and cookies at trail’s end. Thanks to Phil Holmes for the photo collage.
Travel Group attended a Blue Jays game in Toronto on Wednesday June 22nd. The Jays won 5 to 2. However, our friends didn’t run fast enough to get a shirt. Joel did not win the 50/50 draw of $31,000. Too bad. Consequently he didn’t treat Keith or Marg Wettlaufer to a Happy Meal on the way home. Tough! But a good time was had by all.

Hiking report from Lynda Scully

The Probus Hiking Group went north to the Saugeen First Nations area near Southampton. The Amphitheatre & Gardens were worth the drive. The hikers were welcomed by Kevin Hart, minister at Wesley United Church (on Highway 21), who provided history of the 125 year old church. From the church, hikers descended the stone stairways and walkways through terraced gardens constructed of locally quarried stone, all overlooking a grand expanse of the Saugeen River. The amphitheatre is undergoing construction. Stone masons from Europe have been working with the First Nation people, teaching them how to rebuild the stonework at the amphitheatre. The work is impressive. The weather was perfect.

Two more hikes are planned for June: Thursday, June 23 at the Durham Conservation Area and June 30 at Sulphur Springs, near Hanover. Start time 9:30.
Highway to Heaven stairs in First Nations park
Wesley United Church
Minister, Kevin Hart
Amphitheatre and Gardens in the First Nations park

Six members of the **Probus Craft group** took a card-making workshop with Carol Dyck at Village Creations in Neustadt where we had the opportunity to create two cards. We sorted through her vast collection of vintage-looking pictures and selected a saying from one of her stamps that tied in with the picture. We then added embellishments such as ribbon or charm. The ladies did a great job with their cards which looked very professional.

This will be our last planned activity for this season. I will continue to keep members informed of craft shows and workshops over the summer as I hear of them.  

Sue Leidel
The Argentinian Wine Tasting Experience
Hosted by: Dennis Grimm on June 2

The Wine Tasting Group was treated to a delightful and extremely informative presentation by Dennis Grimm. Dennis is a retired Partner with PricewaterhouseCoppers and upon retirement, looking for new opportunities. Dennis’ real passion is wine, traveling the world (literally the world) he and his wife lived to live the dream when they purchased a vineyard in the UCO Valle of Argentina. His wine EPITOME is being sold around the world and continues to grow in its quantity and reach. He is a frequent speaker at universities, services clubs and a growing number of wine clubs. Dennis started the session with a history lesson. Grapes were first cultivated in Iran around 6000 BC. From these humble beginnings, grapes and of course wine spread around the world. In the early days wine was the only reliable ways of consuming liquids as water was contaminated. Wine became so important that as warriors off to war, they would bring a grape vine with them. This allowed them to cultivate the grapes and of course make wine. Monks also adapted this practice and were instrumental in taking wine to North and South America. In the early days, the vines which grew in the Americas were based on the Vitis Lambrusca species. Lambrusca grapes are great for making grape juice (think Concord grapes) but aren’t the best for making wine. When the North American Free Trade Agreement (NAFTA) came into effect, the Canadian wine industry needed to adapt or it would disappear. It was at this time that Vintners started to switch from Lambrusca grapes to the Vitis vinifera species. Vinifera grapes are the ones grown in Europe and are well suited to wine making. A problem still existed, vinifera grape vines weren’t as hardy and Lambrusca vines. The problem solved by grafting vinifera vines onto Lambrusca root stock. Now it was time to move on to the tasting. Dennis discussed the three most important aspects of wine sampling, Aroma Taste & Flavour. Aroma is an odour and is often referred to as a smell and is sensed by receptors in the nose. Sampling wine it is very important to get the nose into the glass to fully appreciate the various aromas produced by the wine. Taste, or gustation, is the sensation of saltiness, sweetness, sourness and umami (savouriness). Dennis pointed out that you shouldn’t base your opinion of a wine on the first sip. The first sip is used to cleanse the palate and prepare your taste buds for the next sip. Finally, flavour is the sense of taste and smell combined. To help us better understand how taste is influenced by food, Helen and John Peppler prepared a number of treats which provided us with a variety of experiences. Everyone loved the Surprise Spread and Helen has provided us with the recipe below. Dennis went on to point out that 60% of us are normal tasters while 20% have a super tasting ability and 20% have a limited tasting ability. When tasting wine, it doesn’t matter which group you fall into, what is important, is knowing the type of taster you are.
The photography club met for the last time this season on June 10 for a photo walk at Allan Park. Here are a few of the pics from that walk. I have enjoyed coordinating this group for the past 2 years and hope that come fall someone new will agree to take on the leadership role.

Willie Wilson

The photo walk in Allan Park - “Hold that pose please while I compose my picture.”